



Heartbeat 5k Run/Walk

April 13, 2019

F 19&Under (Women)

3.10 miles, winner: 40:58 - 4.54 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	862	MCGREGOR, Naysa	Fairview	Ohio	12	Women	40:58.45		40:58.45
2	892	SMIDDLE, Abigail	North Olmsted	Ohio	9	Women	40:59.29	0'00.84"	40:59.29
DNS	866	MURRAY, Kathleen	Cleveland	Ohio	8	Women			
DNS	868	MURRAY, Rose	Cleveland	Ohio	5	Women			



Heartbeat 5k Run/Walk

April 13, 2019

F 20-29 (Women)

3.10 miles, winner: 21:10 - 8.78 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	852	MAGNER, Abigail	Cleveland	Ohio	28	Women	21:10.46		21:10.46
2	922	WILSON, Bobbi	Cleveland	Ohio	27	Women	21:32.97	0'22.50"	21:32.97
3	832	HASSEN, sam	sandusky	Ohio	26	Women	22:26.78	1'16.32"	22:26.78
4	888	SCHROEDER, Heather	Broadview Hts	Ohio	26	Women	24:03.09	2'52.62"	24:03.09
5	918	WHELAN, Alana	North Olmsted	Ohio	21	Women	24:20.77	3'10.30"	24:20.77
6	815	BROWN, Carly	Strongsville	Ohio	29	Women	24:33.80	3'23.34"	24:33.80
7	901	SWETLIK, Carol	Wickliffe	Ohio	28	Women	24:49.83	3'39.36"	24:49.83
8	857	MATEJKA, Emily	Cleveland	Ohio	27	Women	28:22.19	7'11.73"	28:22.19
9	837	JUSTUS, Stephanie	Streetsboro	Ohio	28	Women	28:37.01	7'26.55"	28:37.01
10	885	RUSH, Nicole	South Euclid	Ohio	28	Women	28:47.98	7'37.52"	28:47.98
11	897	SNOW, Sarah	Marietta	Ohio	28	Women	29:02.33	7'51.86"	29:02.33
12	906	TOMBA, Emily	CLEVELAND	Ohio	26	Women	29:07.26	7'56.80"	29:07.26
13	933	MCGUIRE, Rachel	Lakewood	Ohio	28	Women	29:32.82	8'22.36"	29:32.82
14	923	WOOD, Nicole	Willowick	Ohio	29	Women	30:38.46	9'28.00"	30:38.46
15	823	DEWAR, Angela	Lakewood	Ohio	26	Women	30:39.24	9'28.77"	30:39.24
16	835	IGRAM, Ameena	Cleveland	Ohio	27	Women	30:46.31	9'35.84"	30:46.31
17	920	WICHERT, Katherine	Parma	Ohio	23	Women	32:45.13	11'34.67"	32:45.13
18	827	GARRETT, Emily	Avon Lake	Ohio	25	Women	33:02.38	11'51.91"	33:02.38
19	825	FETTER, Annette	Cleveland	Ohio	25	Women	33:21.68	12'11.21"	33:21.68
20	903	TATRO, Alison	Lakewood	Ohio	25	Women	33:22.84	12'12.38"	33:22.84
21	871	ORNELAS, Brianna	Painesville	Ohio	21	Women	34:01.06	12'50.60"	34:01.06
22	836	JACKSON, Emily	Lakewood	Ohio	26	Women	34:47.45	13'36.99"	34:47.45
23	909	VANDENHAUTE, Bridget	Fairview Park	Ohio	27	Women	35:07.24	13'56.77"	35:07.24
24	883	RING, Sarah	Euclid	Ohio	29	Women	36:37.43	15'26.97"	36:37.43
25	842	KORNAKER, Samantha	Toledo	Ohio	26	Women	36:55.88	15'45.42"	36:55.88
26	864	MORAN, Elizabeth	Litchfield	Ohio	23	Women	37:44.41	16'33.95"	37:44.41
27	802	BAIRD, Rachael	Westlake	Ohio	28	Women	41:14.66	20'04.20"	41:14.66
28	809	BEEKMAN, Bianca	Cleveland	Ohio	26	Women	43:57.60	22'47.14"	43:57.60
29	898	STEPOWOY, Rachel	Medina	Ohio	26	Women	44:19.40	23'08.94"	44:19.40
30	875	PLUMMER, Hannah	Tallahassee	Florida	24	Women	45:34.68	24'24.21"	45:34.68
31	886	RUSS, Susan	Lakewood	Ohio	27	Women	47:40.91	26'30.44"	47:40.91
32	914	VORREITER, Jaclyn	Parma	Ohio	29	Women	49:07.06	27'56.59"	49:07.06
33	928	WILLIAM, Alexandra	Lakewood	Ohio	24	Women	51:46.09	30'35.63"	51:46.09
DNS	811	BENES, Brooke	Broadview Heights	Ohio	29	Women			
DNS	816	BUCKLEY, Breea	St. Petersburg	Florida	26	Women			
DNS	821	DEMARIA, Domenique	Lakewood	Ohio	26	Women			
DNS	831	HARRI, Philisha	Solon	Ohio	26	Women			
DNS	855	MARIANO, Natalie	Parma Heights	Ohio	26	Women			
DNS	908	VALANTINE, Gabrielle	Cleveland	Ohio	22	Women			
DNS	917	WEINBERG, Sara	Cleveland	Ohio	22	Women			
DNS	927	ZYSK, Linda	Cleveland	Ohio	22	Women			



Heartbeat 5k Run/Walk

April 13, 2019

F 30-39 (Women)

3.10 miles, winner: 23:25 - 7.94 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	890	SELNICK, Susannah	Lakewood	Ohio	30	Women	23:25.05		23:25.05
2	812	BENNETT, Megan	Cleveland	Ohio	32	Women	23:51.96	0'26.91"	23:51.96
3	845	LACHMAN, Megan	Cleveland	Ohio	33	Women	24:15.42	0'50.36"	24:15.42
4	936	CATANESE, Sara	Lakewood	Ohio	32	Women	25:14.29	1'49.24"	25:14.29
5	828	GORMAN, Bridget	Westlake	Ohio	38	Women	26:04.44	2'39.39"	26:04.44
6	872	PALMER, Jessica	Brunswick Hills	Ohio	32	Women	27:24.61	3'59.56"	27:24.61
7	819	COLUMBRO, Jacqueline	Westlake	Ohio	30	Women	28:57.00	5'31.95"	28:57.00
8	846	LEMBACH, Shannon	Hinckley	Ohio	36	Women	29:03.85	5'38.79"	29:03.85
9	902	TARABEK, Samantha	Sheffield	Ohio	30	Women	29:27.80	6'02.74"	29:27.80
10	887	SCHMIDT, Marie	Olmsted Twp	Ohio	32	Women	29:59.01	6'33.96"	29:59.01
11	847	LINDOW, Angela	Mentor	Ohio	33	Women	30:00.79	6'35.74"	30:00.79
12	879	REPASY, Sarah	Cleveland	Ohio	30	Women	30:01.36	6'36.31"	30:01.36
13	916	WEBBER, Shelley	Lakewood	Ohio	33	Women	30:05.59	6'40.53"	30:05.59
14	838	KANTA, Amy	Strongsville	Ohio	37	Women	31:27.33	8'02.27"	31:27.33
15	813	BERNAL, Liz	Cleveland Heights	Ohio	37	Women	31:33.56	8'08.51"	31:33.56
16	859	MCFARREN, Meghan	Cleveland	Ohio	34	Women	32:16.59	8'51.53"	32:16.59
17	926	ZINK, Mary	Cleveland	Ohio	35	Women	32:18.19	8'53.13"	32:18.19
18	899	STREBEL, Sarah	Shaker heights	Ohio	36	Women	34:12.36	10'47.31"	34:12.36
19	801	ARENA, Courtney	North Royalton	Ohio	31	Women	40:07.47	16'42.41"	40:07.47
20	889	SCHWARTZ, Danielle	Cleveland	Ohio	33	Women	42:50.51	19'25.46"	42:50.51
21	844	KRAUSE, Missy	Cleveland	Ohio	34	Women	42:51.40	19'26.34"	42:51.40
22	895	SMIDDLE, Tara	Fairview	Ohio	36	Women	43:16.27	19'51.22"	43:16.27
23	858	MCCLAIN, Lee	Shaker heights	Ohio	33	Women	43:45.02	20'19.96"	43:45.02
24	884	RIVERA, Denys	Fairview	Ohio	35	Women	47:18.89	23'53.84"	47:18.89
25	834	HULL, Sarah	Mayfield Heights	Ohio	36	Women	52:18.07	28'53.01"	52:18.07
26	876	POLACHEK, Theresa	Highland Heights	Ohio	37	Women	52:19.78	28'54.72"	52:19.78
27	894	SMIDDLE, Stephanie	North Olmsted	Ohio	30	Women	52:43.67	29'18.61"	52:43.67
28	911	VELOVITCH, Kristin	Painesville	Ohio	32	Women	53:57.05	30'32.00"	53:57.05
DNS	830	HALISHAK, Christine	Lakewood	Ohio	39	Women			
DNS	900	STRONG, Mallory	Cleveland	Ohio	35	Women			
DNS	934	LJUBI, Meghan	Lakewood	Ohio	34	Women			



Heartbeat 5k Run/Walk

April 13, 2019

F 40-49 (Women)

3.10 miles, winner: 30:08 - 6.17 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	854	MALCOLM, Kelley	North Royalton	Ohio	41	Women	30:08.35		30:08.35
2	805	BALYER, Monica	Cleveland	Ohio	41	Women	30:14.12	0'05.76"	30:14.12
3	826	FREE, Lakita	Garfield Heights	Ohio	40	Women	32:51.69	2'43.33"	32:51.69
4	880	RHODES, Venus	Westlake	Ohio	49	Women	33:19.69	3'11.33"	33:19.69
5	904	TAYLOR, Dina	North Royalton	Ohio	45	Women	35:29.83	5'21.48"	35:29.83
6	867	MURRAY, Maggie	Cleveland	Ohio	45	Women	38:03.50	7'55.15"	38:03.50
7	861	MCGREGOR, Melissa	Fairview	Ohio	44	Women	47:08.15	16'59.80"	47:08.15
8	808	BARTLEY, Renita	Sagamore Hills	Ohio	48	Women	53:14.45	23'06.09"	53:14.45
9	804	BAKER, Kathleen	North Ridgeville	Ohio	46	Women	53:42.40	23'34.05"	53:42.40
DNS	891	SHAD, Julia	Bay Village	Ohio	40	Women			
DNS	924	WRIGHT, Katie	Lakewood	Ohio	41	Women			



Heartbeat 5k Run/Walk

April 13, 2019

F 50-59 (Women)

3.10 miles, winner: 33:21 - 5.58 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	874	PITTELLO, Rose	Canton	Ohio	50	Women	33:20.60		33:20.60
2	881	RICE, Terri	Newbury	Ohio	52	Women	38:05.89	4'45.30"	38:05.89
3	856	MARTIN, Amy	Brunswick	Ohio	52	Women	38:08.39	4'47.79"	38:08.39
4	869	NELSON, chicquita	Euclid	Ohio	55	Women	38:42.30	5'21.71"	38:42.30
5	807	BARKER, Deborah	Lyndhurst	Ohio	51	Women	53:12.61	19'52.01"	53:12.61



Heartbeat 5k Run/Walk
April 13, 2019
F 60&Over (Women)
3.10 miles

Pos	Bib	Name	City	State	Age	Gender	Time	Gap
DNS	850	LJUBI, Theresa	Mentor	Ohio	61	Women		



Heartbeat 5k Run/Walk

April 13, 2019

M 19&Under (Men)

3.10 miles, winner: 40:43 - 4.57 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	806	BARKER, Braeden	Lyndhurst	Ohio	13	Men	40:43.05		40:43.05
2	893	SMIDDLE, Lj	Fairview	Ohio	11	Men	45:42.04	4'59.00"	45:42.04



Heartbeat 5k Run/Walk

April 13, 2019

M 20-29 (Men)

3.10 miles, winner: 28:04 - 6.63 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	863	MIZE, Caleb	Columbus	Ohio	27	Men	28:03.65		28:03.65
2	930	LUKIC, Alexander	Lakewood	Ohio	22	Men	28:23.07	0'19.42"	28:23.07
3	882	RING, Andrew	Euclid	Ohio	29	Men	28:37.87	0'34.22"	28:37.87
4	841	KOLAR, Nicholas	CLEVELAND	Ohio	27	Men	30:02.51	1'58.86"	30:02.51
5	932	PEELMAN, Michael	Lakewood	Ohio	23	Men	33:45.97	5'42.32"	33:45.97
6	822	DENIS, Matt	Westlake	Ohio	29	Men	41:16.36	13'12.71"	41:16.36
7	877	PRESSLER, Nate	Columbus	Ohio	29	Men	41:59.44	13'55.79"	41:59.44
8	929	HLOSEK, Erik	Lakewood	Ohio	25	Men	51:37.17	23'33.51"	51:37.17
9	848	LINDOW, Klye	Mentor	Ohio	29	Men	52:21.77	24'18.11"	52:21.77
DNS	829	GRAZIANI, Zach	Cleveland	Ohio	23	Men			
DNS	840	KILBANE, Sean	Cleveland	Ohio	22	Men			
DNS	999	TOOLE, Jay	Lakewood	Ohio	28	Men			



Heartbeat 5k Run/Walk

April 13, 2019

M 30-39 (Men)

3.10 miles, winner: 20:47 - 8.95 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	820	DARA, kyle	Lakewood	Ohio	30	Men	20:47.39		20:47.39
2	878	RAHAL, Nick	Macedonia	Ohio	31	Men	22:51.27	2'03.88"	22:51.27
3	935	CATANESE, Ryan	Lakewood	Ohio	30	Men	25:15.80	4'28.40"	25:15.80
4	931	PAPESH, Kevin	Lakewood	Ohio	34	Men	25:51.84	5'04.44"	25:51.84
5	873	PALMER, Tim	Brunswick Hills	Ohio	38	Men	26:28.22	5'40.83"	26:28.22
6	853	MAJKSZAK, David	Avon	Ohio	33	Men	26:36.40	5'49.01"	26:36.40
7	851	LONG, Mike	Cleveland	Ohio	34	Men	26:58.06	6'10.66"	26:58.06
8	913	VENABLES, Chris	Lakewood	Ohio	33	Men	28:05.35	7'17.96"	28:05.35
9	833	HAUPIN, Eddie	Brook Park	Ohio	38	Men	30:09.28	9'21.89"	30:09.28
10	814	BOBER, Andy	Cleveland Heights	Ohio	38	Men	30:26.93	9'39.54"	30:26.93
11	839	KANTA, Steve	Strongsville	Ohio	36	Men	31:32.19	10'44.80"	31:32.19
12	824	ENSMAN, Michael	Austinburg	Ohio	30	Men	32:30.72	11'43.33"	32:30.72
13	860	MCGOWAN, Matthew	Cleveland	Ohio	36	Men	38:02.11	17'14.71"	38:02.11
14	870	OPAL, Mark	Wickliffe	Ohio	34	Men	41:15.49	20'28.10"	41:15.49
15	843	KRAUSE, Jeff	Cleveland	Ohio	34	Men	42:16.60	21'29.20"	42:16.60
16	912	VELOVITCH, Kurt	Painesville	Ohio	32	Men	53:58.11	33'10.71"	53:58.11
DNS	896	SMITH, Verntonn	Cleveland	Ohio	31	Men			
DNS	915	WATSON, Michael	Madison	Ohio	36	Men			



Heartbeat 5k Run/Walk

April 13, 2019

M 40-49 (Men)

3.10 miles, winner: 23:10 - 8.03 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	910	VANSCHOYCK, Thomas	Marysville	Ohio	42	Men	23:09.58		23:09.58
2	817	CERVENY, Daniel	Seven Hills	Ohio	49	Men	23:24.17	0'14.59"	23:24.17
3	865	MOWERY, Erik	Lakewood	Ohio	45	Men	28:59.41	5'49.84"	28:59.41
4	925	ZIMMERMAN, Brian	Fairview Park	Ohio	49	Men	29:00.68	5'51.10"	29:00.68
5	905	TAYLOR, Frank	North Royalton	Ohio	46	Men	35:51.89	12'42.32"	35:51.89
6	907	TYNER, David	Euclid	Ohio	49	Men	38:40.51	15'30.94"	38:40.51
7	803	BAKER, David	North Ridgeville	Ohio	47	Men	53:44.60	30'35.03"	53:44.60



Heartbeat 5k Run/Walk

April 13, 2019

M 50-59 (Men)

3.10 miles, winner: 24:31 - 7.59 mph

Pos	Bib	Name	City	State	Age	Gender	Time	Gap	Lap 1
1	919	WHELAN, Tom	North Olmsted	Ohio	54	Men	24:30.59		24:30.59
2	818	CHOMA, George	Fairview Park	Ohio	56	Men	29:26.18	4'55.60"	29:26.18
3	921	WICHERT, Todd	Parma	Ohio	55	Men	32:45.89	8'15.31"	32:45.89
4	810	BELLEW, Timothy	Warren	Ohio	51	Men	37:48.24	13'17.65"	37:48.24



Heartbeat 5k Run/Walk
April 13, 2019
M 60&Over (Men)
3.10 miles

Pos	Bib	Name	City	State	Age	Gender	Time	Gap
DNS	849	LJUBI, Gary	Mentor	Ohio	69	Men		