



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 19&Under (Women)
3.10 miles, winner: 42:13 - 4.41 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	169	MARKWOOD, Bella	5k Run	10	Women	42:13		4.41



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 19&Under (Men)
3.10 miles, winner: 31:01 - 6.00 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	179	QUANG, Edwin	5k Run	14	Men	31:01		6.00



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 20-29 (Women)
3.10 miles, winner: 29:17 - 6.35 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	219	FREY, Kat	5k Run	24	Women	29:17		6.35
2	147	IVES, Kristi	5k Run	28	Women	32:30	3'12"	5.72
3	249	MERCER, Ashley	5k Run	27	Women	34:22	5'04"	5.41
4	132	ENGLE, MARRISA	5k Run	23	Women	47:06	17'49"	3.95



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 20-29 (Men)
3.10 miles, winner: 31:15 - 5.95 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	189	ROSRIGUEZ, Mario	5k Run	22	Men	31:15		5.95



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 30-39 (Women)
3.10 miles, winner: 28:28 - 6.53 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	133	FAILE, Stacey	5k Run	39	Women	28:28		6.53
2	176	PASQUALONE, Barbara	5k Run	33	Women	29:38	1'11"	6.28
3	167	MCMILLAN, Lindsey	5k Run	33	Women	31:57	3'30"	5.82
4	28	BOGNER, Molly	5k Run	30	Women	32:18	3'50"	5.76
5	151	KATRICAK, Erin	5k Run	37	Women	35:50	7'22"	5.19
6	170	MIRANDA, Missy	5k Run	38	Women	42:14	13'47"	4.40



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 30-39 (Men)
3.10 miles, winner: 20:22 - 9.13 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	131	EDWARDS, Jeff	5k Run	35	Men	20:22		9.13
2	162	LOFTIS, David	5k Run	34	Men	28:39	8'17"	6.49
3	165	MASTERSON, Timothy	5k Run	37	Men	34:33	14'10"	5.38
4	205	PROKOP, Nick	5k Run	30	Men	1:04:19	43'57"	2.89



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 40-49 (Women)
3.10 miles, winner: 22:26 - 8.29 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	148	JARC, Michelle	5k Run	42	Women	22:26		8.29
2	173	OSOTEO, JULIE	5k Run	45	Women	29:29	7'04"	6.31
3	128	COOL, Wendy	5k Run	41	Women	29:58	7'32"	6.21
4	136	FOX, Michelle	5k Run	44	Women	30:44	8'19"	6.05
5	196	VAN ROOY, Tracy	5k Run	46	Women	32:13	9'48"	5.77
6	81	BUSH, Angela	5k Run	43	Women	33:00	10'35"	5.64
7	197	WACLAWIK, Melissa	5k Run	45	Women	38:00	15'35"	4.89
8	18	BODEN, Rebecca	5k Run	41	Women	38:58	16'32"	4.77
9	27	BODEN, Tracy	5k Run	46	Women	44:57	22'32"	4.14
10	185	ROACH, Keriann	5k Run	46	Women	1:03:14	40'49"	2.94
11	134	FALCONI, Lourdes	15k Run	47	Women	1:36:48	1h14'22"	1.92



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 40-49 (Men)
3.10 miles, winner: 26:49 - 6.94 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	207	MARLOWE, Jon	5k Run	48	Men	26:49		6.94
2	178	PURKS, Scott	5k Run	47	Men	27:18	0'29"	6.81
3	177	PEDROTTY, Daniel	5k Run	40	Men	32:08	5'18"	5.79



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 50-59 (Women)
3.10 miles, winner: 32:34 - 5.71 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	182	RHUBART, Kathleen	5k Run	54	Women	32:34		5.71
2	199	WEISSLING, Kimberly	5k Run	51	Women	39:11	6'36"	4.75
3	135	FOLINO, Terri	5k Run	59	Women	54:01	21'27"	3.44



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 50-59 (Men)
3.10 miles, winner: 24:21 - 7.64 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	186	ROBB, Bill	5k Run	54	Men	24:21		7.64
2	195	TITUS, Tim	5k Run	57	Men	27:23	3'02"	6.79
3	180	RATZER, Matt	5k Run	50	Men	29:17	4'57"	6.35



What the Health? 5k, 10k, 15k
September 30, 2017
5k Female 60+ (Women)
3.10 miles, winner: 53:59 - 3.45 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	191	SCHNEIDER, Linda	5k Run	67	Women	53:59		3.45



What the Health? 5k, 10k, 15k
September 30, 2017
5k Male 60+ (Men)
3.10 miles, winner: 42:12 - 4.41 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	127	CONRAD, Cynthia	5k Run	60	Women	42:12		4.41



What the Health? 5k, 10k, 15k
September 30, 2017
10k Female 20-29 (Women)
6.20 miles, winner: 58:39 - 6.34 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	157	KLAUS, Jenna	10k Run	25	Women	58:39		6.34
2	202	WILLIS, Kaitlin	10k Run	25	Women	1:00:22	1'43"	6.16
3	194	THOMAS, michelle	10k Run	25	Women	1:07:31	8'52"	5.51
4	141	HEFFERNAN, Allie	15k Run	29	Women	1:41:06	42'28"	3.68



What the Health? 5k, 10k, 15k
September 30, 2017
10k Female 30-39 (Women)
6.20 miles, winner: 44:58 - 8.27 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	172	NEAL, Mogan	10k Run	32	Women	44:58		8.27
2	201	WILLIS, Bethany	10k Run	38	Women	48:59	4'00"	7.59
3	193	TERLECKY, Shannon	10k Run	32	Women	53:54	8'56"	6.90
4	126	CIPRIANO, Dena	10k Run	34	Women	58:39	13'40"	6.34
5	164	MACIOCE, Deanna	10k Run	39	Women	1:00:01	15'03"	6.20
6	156	KLAG, Jenn	10k Run	30	Women	1:00:57	15'59"	6.10
7	222	MIGONI, Natalie	10k Run	33	Women	1:07:28	22'30"	5.51
8	216	MLOCKI, Margeret	10k Run	33	Women	1:07:30	22'31"	5.51
9	159	LAROCCA, Allison	10k Run	31	Women	1:08:01	23'02"	5.47
10	184	RICH, Brittany	10k Run	34	Women	1:21:20	36'21"	4.57



What the Health? 5k, 10k, 15k
September 30, 2017
10k Male 30-39 (Men)
6.20 miles, winner: 47:57 - 7.76 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	192	SEITZ, Bryan	10k Run	32	Men	47:57		7.76
2	208	SESKES, Anthony	10k Run	32	Men	53:47	5'50"	6.92
3	168	MERCER, William	10k Run	33	Men	55:40	7'43"	6.68
4	142	HEINRICH, Dan	10k Run	33	Men	1:00:57	13'00"	6.10
5	223	RESETAR, Patrick	10k Run	38	Men	1:03:40	15'42"	5.84



What the Health? 5k, 10k, 15k
September 30, 2017
10k Female 40-49 (Women)
6.20 miles, winner: 58:39 - 6.34 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	144	HENNESSEY, Jill	10k Run	49	Women	58:39		6.34
2	82	CAPTAIN, Connie	10k Run	49	Women	1:03:02	4'23"	5.90
3	161	LINDEN, Karen	10k Run	45	Women	1:07:01	8'23"	5.55



What the Health? 5k, 10k, 15k
September 30, 2017
10k Male 40-49 (Men)
6.20 miles, winner: 49:55 - 7.45 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	210	SMITH, Daniel	10k Run	49	Men	49:55		7.45
2	206	WASSIM, EI-Hitti	10k Run	41	Men	58:44	8'49"	6.33
3	143	HELKEY, Dave	10k Run	45	Men	1:06:26	16'32"	5.60



What the Health? 5k, 10k, 15k
September 30, 2017
10k Female 50-59 (Women)
6.20 miles, winner: 1:06:15 - 5.62 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	155	KIMPTON, Nina	10k Run	55	Women	1:06:15		5.62



What the Health? 5k, 10k, 15k
September 30, 2017
10k Male 50-59 (Men)
6.20 miles, winner: 46:26 - 8.01 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	220	HUNADY, Terrence	10k Run	57	Men	46:26		8.01
2	224	PAPIEL, Ted	10k Run	56	Men	51:58	5'31"	7.16



What the Health? 5k, 10k, 15k
September 30, 2017
10k Female 60+ (Men)
6.20 miles, winner: 43:40 - 8.52 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	250	WENDELL, David	10k Run	66	Men	43:40		8.52
2	171	MOSKWA, Nena	10k Run	62	Women	1:06:57	23'17"	5.56



What the Health? 5k, 10k, 15k
September 30, 2017
15k Female 20-29 (Women)
9.30 miles, winner: 1:15:29 - 7.39 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	158	KLEPATZKI, Michelle	15k Run	28	Women	1:15:29		7.39
2	188	ROMANO, Kristina	15k Run	29	Women	1:27:08	11'39"	6.40



What the Health? 5k, 10k, 15k

September 30, 2017

15k Female 30-39 (Women)

9.30 miles, winner: 1:18:44 - 7.09 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	146	HRICOVEC, Jessica	15k Run	35	Women	1:18:44		7.09
2	137	GEORGE, Emily	15k Run	30	Women	1:20:26	1'41"	6.94
3	183	RICE, Lauren	15k Run	32	Women	1:24:12	5'27"	6.63
4	16	BEAGEN, Abigail	15k Run	33	Women	1:25:19	6'34"	6.54
5	150	KASPER, Katie	15k Run	38	Women	1:28:00	9'16"	6.34
6	203	WILSON, Lauren	15k Run	34	Women	1:47:03	28'18"	5.21



What the Health? 5k, 10k, 15k

September 30, 2017

15k Male 30-39 (Men)

9.30 miles, winner: 1:06:51 - 8.35 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	152	KATRICAK, John	15k Run	36	Men	1:06:51		8.35
2	11	ANDERSON, Ian	15k Run	31	Men	1:07:49	0'59"	8.23
3	166	MAZZARELLA, John	15k Run	37	Men	1:24:15	17'25"	6.62



What the Health? 5k, 10k, 15k
September 30, 2017
15k Female 40-49 (Women)
9.30 miles, winner: 1:15:53 - 7.35 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	154	KILBANE, Leah	15k Run	46	Women	1:15:53		7.35
2	174	P, L	15k Run	46	Women	1:18:37	2'44"	7.10
3	153	KENNY, Julie	15k Run	43	Women	1:25:25	9'31"	6.53
4	181	REGINELLI, Beverly	15k Run	43	Women	1:34:14	18'20"	5.92
5	187	ROBERTS, Kelly	15k Run	47	Women	1:41:51	25'58"	5.48



What the Health? 5k, 10k, 15k
September 30, 2017
15k Male 40-49 (Men)
9.30 miles, winner: 1:00:22 - 9.24 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	145	HOTHEM, Seth	15k Run	40	Men	1:00:22		9.24
2	190	SALMON, Robert	15k Run	48	Men	1:13:59	13'37"	7.54
3	17	BEAGEN, Peter	15k Run	42	Men	1:25:18	24'56"	6.54
4	120	CHEN, Jeffery	15k Run	47	Men	1:54:53	54'31"	4.86



What the Health? 5k, 10k, 15k
September 30, 2017
15k Male 50-59 (Men)
9.30 miles, winner: 1:06:38 - 8.37 mph

Pos	Bib	Name	City	Age	Gender	Time	Gap	mph
1	200	WHITNEY, Tim	15k Run	56	Men	1:06:38		8.37
2	221	GIBBENS, Jason	15k Run	52	Men	1:25:24	18'46"	6.53
3	129	CRAWFORD, James	15k Run	55	Men	1:32:29	25'52"	6.03