



2017 4 Miles 4 Water  
May 06, 2017  
Female 14 & Under (Women)  
4.00 miles, winner: 38:41 - 6.21 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	486	WOLAK, Alex	OH	Mentor	4 Mile Race	13	Women	38:41		6.21	38:41
2	587	SALERNO, Sophia				10	Women	45:31	6'51"	5.27	45:31
3	436	SHAMBERGER, Ivy	OH	Euclid	4 Mile Race	1	Women	56:44	18'04"	4.23	56:44



2017 4 Miles 4 Water  
May 06, 2017  
Male 14 & Under (Men)  
4.00 miles, winner: 40:58 - 5.86 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	585	SALERNO, Luka				6	Men	40:58		5.86	40:58



2017 4 Miles 4 Water  
May 06, 2017  
Female 20 - 24 (Women)  
4.00 miles, winner: 30:51 - 7.78 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	479	WEEKLEY, Kendra	OH	Cleveland	4 Mile Race	24	Women	30:51		7.78	30:51
2	290	DERISO, Armelle	OH	Sandusky	4 Mile Race	22	Women	32:45	1'53"	7.33	32:45
3	447	STUCKART, Rebecka	OH	Amherst	4 Mile Race	22	Women	32:46	1'54"	7.32	32:46
4	321	HAMMER, Aimee	OH	Akron	4 Mile Race	23	Women	38:42	7'50"	6.20	38:42
5	259	BRAVER, Madelaine	OH	Wadsworth	4 Mile Race	20	Women	43:51	13'00"	5.47	43:51
6	412	PHILLIPS, Breahna	OH	Parma Heights	4 Mile Race	22	Women	59:00	28'09"	4.07	59:00
7	400	PAGAN, Alyssia	OH	Parma Heights	4 Mile Race	24	Women	59:03	28'12"	4.06	59:03



## 2017 4 Miles 4 Water

May 06, 2017

Male 20 - 24 (Men)

4.00 miles, winner: 21:01 - 11.42 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	442	SPALDING, Tony	OH	Cleveland Hts	4 Mile Race	23	Men	21:01		11.42	21:01
2	360	LAMB, Max	OH	Bay Village	4 Mile Race	21	Men	25:35	4'33"	9.38	25:35
3	423	ROBINSON, Alex	OH	Cleveland	4 Mile Race	23	Men	29:03	8'02"	8.26	29:03
4	456	THEILIG, Justin	OH	N Ridgeville	4 Mile Race	21	Men	31:21	10'19"	7.66	31:21



2017 4 Miles 4 Water  
May 06, 2017  
Female 25 - 29 (Women)  
4.00 miles, winner: 26:46 - 8.97 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	469	VOLBERS, Blaire	OH	Cleveland	4 Mile Race	26	Women	26:46		8.97	26:46
2	382	MEHTA, Mansi	OH	Kent	4 Mile Race	28	Women	29:47	3'02"	8.06	29:47
3	329	HOCKING, Lola	OH	Cleveland	4 Mile Race	26	Women	30:13	3'28"	7.94	30:13
4	267	CHERNISKY, Drew	OH	Northfield	4 Mile Race	26	Men	30:23	3'37"	7.90	30:23
5	262	BURKE, Allison	OH	Cleveland	4 Mile Race	26	Women	30:40	3'55"	7.83	30:40
6	594	ALEXANDER, Aubrey				29	Women	31:17	4'31"	7.67	31:17
7	488	WOOD, Lauren	OH	Stow	4 Mile Race	27	Women	31:44	4'59"	7.56	31:44
8	299	ERICKSON, Monica	OH	Cuyahoga Fls	4 Mile Race	29	Women	33:17	6'31"	7.21	33:17
9	332	HOPPE, Leanne	OH	Cleveland	4 Mile Race	25	Women	35:22	8'36"	6.79	35:22
10	489	ZHAO, Monique	OH	Cleveland	4 Mile Race	29	Women	37:01	10'15"	6.48	37:01
11	414	POSNER, Hannah	OH	Cleveland	4 Mile Race	29	Women	37:08	10'23"	6.46	37:08
12	335	HROMADA, Kayla	OH	Sagamore Hls	4 Mile Race	26	Women	37:27	10'42"	6.41	37:27
13	266	CHAPMAN, Kimberly	OH	Cuyahoga Fls	4 Mile Race	27	Women	37:30	10'45"	6.40	37:30
14	371	LUPICA, Allison	OH	Cleveland	4 Mile Race	26	Women	37:46	11'01"	6.35	37:46
15	283	DARLING, Katherine	OH	Silver Lake	4 Mile Race	25	Women	38:35	11'49"	6.22	38:35
16	310	FRISTIK, Kelsey	OH	Lakewood	4 Mile Race	26	Women	38:42	11'56"	6.20	38:42
17	359	KRZYS, Sarah	OH	Lakewood	4 Mile Race	26	Women	38:50	12'04"	6.18	38:50
18	271	CHRISTMAN, Angela	OH	Cleveland	4 Mile Race	27	Women	42:39	15'53"	5.63	42:39
19	426	ROYAN, Emma	OH	Cleveland	4 Mile Race	28	Women	42:59	16'13"	5.58	42:59
20	251	BLACHMAN, Katie	OH	Highland Hgts	4 Mile Race	26	Women	43:51	17'06"	5.47	43:51
21	583	REED, Chalotte				26	Women	46:35	19'50"	5.15	46:35
22	344	JOZANOVIC, Martina	OH	Akron	4 Mile Race	27	Women	47:25	20'40"	5.06	47:25
23	409	PEPPEARD, Janelle	OH	Lakemore	4 Mile Race	29	Women	48:14	21'29"	4.98	48:14
24	399	OBERLIN, Angela	OH	Lyndhurst	4 Mile Race	28	Women	48:52	22'07"	4.91	48:52



# 2017 4 Miles 4 Water

May 06, 2017

Male 25 - 29 (Men)

4.00 miles, winner: 25:43 - 9.33 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	464	TURNBULL, Brendan	OH	Beavercreek	4 Mile Race	28	Men	25:43		9.33	25:43
2	250	BERRY, Taylor	OH	Lakewood	4 Mile Race	27	Men	26:18	0'36"	9.12	26:18
3	408	PELECHATY, Michael	OH	Lakewood	4 Mile Race	28	Men	28:51	3'09"	8.32	28:51
4	454	TEKULVE, Drew	OH	Medina	4 Mile Race	25	Men	29:05	3'22"	8.25	29:05
5	333	HORSBURGH, Brian	OH	Cleveland	4 Mile Race	29	Men	30:47	5'05"	7.80	30:47
6	369	LUNKA, Alex	OH	Mentor	4 Mile Race	28	Men	31:06	5'23"	7.72	31:06
7	282	CZAJKA, Michael	OH	Cleveland	4 Mile Race	28	Men	34:17	8'35"	7.00	34:17
8	463	TROMM, Cj	OH	Akron	4 Mile Race	26	Men	35:00	9'17"	6.86	35:00
9	367	LULI, Erik	OH	Rootstown	4 Mile Race	27	Men	35:26	9'43"	6.77	35:26
10	580	MCCORMACK, Kerry				29	Men	36:52	11'10"	6.51	36:52
11	434	SHAFERZATKO, Brandon	OH	Cleveland	4 Mile Race	25	Men	37:53	12'10"	6.34	37:53
12	336	HROMADA, Tim	OH	Sagamore Hls	4 Mile Race	28	Men	38:42	12'59"	6.20	38:42
13	406	PATRICK, Kevin	OH	Cleveland	4 Mile Race	26	Men		-1 lap		



2017 4 Miles 4 Water  
May 06, 2017  
Female 30 - 34 (Women)  
4.00 miles, winner: 28:11 - 8.51 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	452	SZEFCYK, Katie	OH	Lakewood	4 Mile Race	31	Women	28:11		8.51	28:11
2	240	ARNOLD, Crystal	OH	Westlake	4 Mile Race	32	Women	30:12	2'00"	7.95	30:12
3	460	THOMAS, Kim	OH	Lakewood	4 Mile Race	32	Women	30:28	2'16"	7.88	30:28
4	411	PETRILLO, Michelle	OH	Chagrin Falls	4 Mile Race	34	Women	30:37	2'26"	7.84	30:37
5	383	MENTON, Molly	OH	Cuyahoga Fls	4 Mile Race	33	Women	31:30	3'18"	7.62	31:30
6	394	NAUMOFF, Cullen	OH	Lakewood	4 Mile Race	33	Women	32:49	4'37"	7.31	32:49
7	370	LUO, Becky	OH	Cleveland	4 Mile Race	34	Women	35:22	7'10"	6.79	35:22
8	403	PARK, Constance	OH	Cleveland Hts	4 Mile Race	32	Women	35:23	7'12"	6.78	35:23
9	281	CUNNINGHAM, Heather	OH	Brunswick	4 Mile Race	31	Women	36:11	7'59"	6.63	36:11
10	391	MOYSE, Tiffany	OH	Lakewood	4 Mile Race	30	Women	36:27	8'15"	6.59	36:27
11	255	BORLIE, Sara	OH	Eastlake	4 Mile Race	31	Women	37:13	9'02"	6.45	37:13
12	293	DIFIORE, Emily	OH	Cleveland	4 Mile Race	31	Women	37:45	9'34"	6.36	37:45
13	273	CLARKE, Lauren	OH	Chagrin Falls	4 Mile Race	31	Women	38:12	10'00"	6.28	38:12
14	368	LUNDGARD, Emily	OH	Cleveland	4 Mile Race	30	Women	40:00	11'48"	6.00	40:00
15	584	SCHLUEDERHERS, Sarah				33	Women	41:05	12'53"	5.84	41:05
16	252	BLANKENSHIP, Lauren	OH	Streetsboro	4 Mile Race	33	Women	41:48	13'37"	5.74	41:48
17	467	VISCOMI, Robin	OH	Middlebrg Hts	4 Mile Race	34	Women	42:32	14'21"	5.64	42:32
18	374	MASTROIANNI, Jamie	OH	Independence	4 Mile Race	32	Women	45:22	17'11"	5.29	45:22
19	231	ADLEY, Meagan	OH	Cleveland	4 Mile Race	30	Women	47:51	19'40"	5.01	47:51
20	278	CORDELL, Amanda	OH	Cleveland	4 Mile Race	30	Women	48:25	20'13"	4.96	48:25
21	324	HAYES, Ariel	OH	Euclid	4 Mile Race	34	Women	57:09	28'57"	4.20	57:09



# 2017 4 Miles 4 Water

May 06, 2017

Male 30 - 34 (Men)

4.00 miles, winner: 24:04 - 9.97 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	306	FINNERTY, Pete	OH	Cleveland	4 Mile Race	34	Men	24:04		9.97	24:04
2	424	ROSEN, Adam	OH	Cleveland	4 Mile Race	31	Men	24:20	0'16"	9.87	24:20
3	233	AKERS, Patrick	OH	Cleveland	4 Mile Race	31	Men	26:09	2'05"	9.18	26:09
4	289	DENNIS, Joseph	OH	Cleveland	4 Mile Race	32	Men	27:38	3'35"	8.68	27:38
5	404	PARK, Dustin	OH	Cleveland Hts	4 Mile Race	34	Men	27:59	3'55"	8.58	27:59
6	372	MACKURA, Seamus	OH	Lakewood	4 Mile Race	30	Men	30:27	6'24"	7.88	30:27
7	303	FIER, Jon	OH	Madison	4 Mile Race	34	Men	30:32	6'29"	7.86	30:32
8	297	EGEL, Ben	OH	Cleveland	4 Mile Race	30	Men	31:18	7'14"	7.67	31:18
9	253	BODE, Peter	OH	Seven Hills	4 Mile Race	31	Men	31:33	7'30"	7.61	31:33
10	361	LEESE, Nelson	OH	Cleveland	4 Mile Race	30	Men	32:50	8'47"	7.31	32:50
11	440	SOLTIS, Jesse	OH	Middlefield	4 Mile Race	32	Men	34:11	10'07"	7.02	34:11
12	451	SWIDARSKI, Bob	OH	Brooklyn Hts	4 Mile Race	32	Men	36:17	12'14"	6.61	36:17
13	373	MARTIN, Carl	OH	Garfield Hts	4 Mile Race	32	Men	36:32	12'28"	6.57	36:32
14	600	SOCHOR, Matthew	Oh	Cle	4 Mile Race	33	Men	36:34	12'30"	6.56	36:34
15	421	RIDDLE, Christopher	OH	Mentor	4 Mile Race	32	Men	36:36	12'32"	6.56	36:36
16	351	KEREKES, James	OH	N Royalton	4 Mile Race	30	Men	36:59	12'55"	6.49	36:59
17	239	ANTHES, Loren	OH	Cleveland	4 Mile Race	32	Men	37:17	13'13"	6.44	37:17
18	337	HUBAY, Scott	OH	Cleveland	4 Mile Race	32	Men	37:22	13'19"	6.42	37:22
19	477	WATERMAN, Jeff	OH	Seven Hills	4 Mile Race	34	Men	37:48	13'44"	6.35	37:48
20	298	ELASSI, Khalil	OH	Cleveland	4 Mile Race	33	Men	38:17	14'14"	6.27	38:17
21	347	KANDULA, Prasanth	OH	Cleveland	4 Mile Race	32	Men	39:41	15'38"	6.05	39:41
22	446	STOCKHAUSEN, Edward	OH	Cleveland	4 Mile Race	32	Men	39:44	15'41"	6.04	39:44
23	284	DAVIDSON, Jacob	OH	Berea	4 Mile Race	32	Men	43:49	19'45"	5.48	43:49
24	312	GARGIULO, Josh	OH	Cleveland	4 Mile Race	33	Men	47:50	23'46"	5.02	47:50
25	482	WHOLEY, Matthew	OH	Shaker Hts	4 Mile Race	32	Men	59:34	35'31"	4.03	59:34





2017 4 Miles 4 Water  
May 06, 2017  
Female 35 - 39 (Women)  
4.00 miles, winner: 37:49 - 6.35 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	291	DETWEILER, Kristy	OH	Middlefield	4 Mile Race	37	Women	37:49		6.35	37:49
2	288	DEANGELIS, Erin	OH	Olmsted Twp	4 Mile Race	35	Women	40:16	2'26"	5.96	40:16
3	437	SHARKEY, Kim	OH	Rocky River	4 Mile Race	36	Women	40:34	2'45"	5.92	40:34
4	589	SALERNO, Nichole				39	Women	41:06	3'17"	5.84	41:06
5	232	AGBOVI, Mary	OH	Hudson	4 Mile Race	37	Women	41:48	3'58"	5.74	41:48
6	420	RICH, Natalie	OH	Cleveland	4 Mile Race	37	Women	42:33	4'43"	5.64	42:33
7	450	SULL, Nichole	OH	Berea	4 Mile Race	36	Women	48:15	10'26"	4.97	48:15
8	326	HAYNE, Jessica	OH	Solon	4 Mile Race	37	Women	48:50	11'00"	4.92	48:50
9	599	ANTEL, Stephanie				37	Women	50:59	13'09"	4.71	50:59
10	386	MITCHELL, Laura	OH	Avon	4 Mile Race	37	Women	52:37	14'48"	4.56	52:37



# 2017 4 Miles 4 Water

May 06, 2017

Male 35 - 39 (Men)

4.00 miles, winner: 28:33 - 8.41 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	348	KARAS, Jonathan	OH	Beachwood	4 Mile Race	35	Men	28:33		8.41	28:33
2	301	FEHLNER, Matthew	OH	Cleveland	4 Mile Race	39	Men	30:32	2'00"	7.86	30:32
3	330	HOFSTETTER, Joe	OH	Strongsville	4 Mile Race	38	Men	32:59	4'26"	7.28	32:59
4	352	KERNS, Mike	OH	Copley	4 Mile Race	36	Men	37:57	9'24"	6.32	37:57
5	339	JALOVEC, Bryan	OH	Rocky River	4 Mile Race	38	Men	39:06	10'34"	6.14	39:06
6	328	HOCHMAN, Jason	OH	Solon	4 Mile Race	37	Men	39:24	10'52"	6.09	39:24
7	260	BRENNAN, Keith	OH	Cleveland	4 Mile Race	37	Men	40:58	12'26"	5.86	40:58
8	325	HAYES, Rayshawn	OH	Euclid	4 Mile Race	37	Men	58:48	30'16"	4.08	58:48



2017 4 Miles 4 Water  
May 06, 2017  
Female 40 - 44 (Women)  
4.00 miles, winner: 28:19 - 8.48 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	379	MCCRONE, Kelly	OH	Cleveland	4 Mile Race	40	Women	28:19		8.48	28:19
2	401	PAINE, Tracie	OH	N Ridgeville	4 Mile Race	41	Women	29:07	0'49"	8.24	29:07
3	397	NOWYCKYI, Heather	OH	Parma	4 Mile Race	41	Women	46:27	18'09"	5.17	46:27



## 2017 4 Miles 4 Water

May 06, 2017

Male 40 - 44 (Men)

4.00 miles, winner: 27:00 - 8.89 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	343	JONES, Kyle	OH	Avon	4 Mile Race	41	Men	27:00		8.89	27:00
2	407	PEACOCK, Kevin	OH	Cleveland	4 Mile Race	40	Men	27:12	0'13"	8.82	27:12
3	342	JONES, Chad	OH	Cleveland	4 Mile Race	42	Men	27:55	0'56"	8.59	27:55
4	481	WESSLER, Brett	OH	Wickliffe	4 Mile Race	44	Men	31:28	4'28"	7.63	31:28
5	237	AMBROSETTI, Rick	OH	Medina	4 Mile Race	42	Men	35:29	8'30"	6.76	35:29
6	438	SHLACHTER, Larry	OH	Beachwood	4 Mile Race	44	Men	36:27	9'27"	6.59	36:27
7	242	BALLA, Bryan	OH	Cuyahoga Fls	4 Mile Race	44	Men	37:27	10'28"	6.41	37:27
8	415	PRESTON, Adam	OH	Mentor	4 Mile Race	43	Men	38:47	11'48"	6.19	38:47
9	588	SALERNO, Eabzo				42	Men	45:33	18'33"	5.27	45:33



2017 4 Miles 4 Water  
May 06, 2017  
Female 45 - 49 (Women)  
4.00 miles, winner: 33:22 - 7.19 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	234	ALLISON, Beth	OH	Chagrin Falls	4 Mile Race	49	Women	33:22		7.19	33:22
2	459	THOMAS, Kelli	OH	Shaker Hts	4 Mile Race	46	Women	35:36	2'13"	6.74	35:36
3	377	MATUSZNY, Kimberly	OH	Strongsville	4 Mile Race	47	Women	36:31	3'08"	6.57	36:31
4	449	SUEHRSTEDT, Lorelei	OH	Bay Village	4 Mile Race	47	Women	40:06	6'43"	5.99	40:06
5	378	MATUSZNY, Lisa	OH	Rocky River	4 Mile Race	48	Women	41:17	7'55"	5.81	41:17
6	341	JOHNSON, Zoe	OH	Bay Village	4 Mile Race	47	Women	48:27	15'04"	4.95	48:27



# 2017 4 Miles 4 Water

May 06, 2017

Male 45 - 49 (Men)

4.00 miles, winner: 29:11 - 8.22 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	380	MCDONOUGH, Tim	OH	Chagrin Falls	4 Mile Race	49	Men	29:11		8.22	29:11
2	241	BAJUSZ, Donald	OH	Brunswick	4 Mile Race	47	Men	30:15	1'04"	7.93	30:15
3	448	SUEHRSTEDT, Craig	OH	Bay Village	4 Mile Race	46	Men	40:07	10'56"	5.98	40:07
4	466	VANEK, Douglas	OH	Aurora	4 Mile Race	46	Men	54:03	24'51"	4.44	54:03



2017 4 Miles 4 Water  
May 06, 2017  
Female 50 - 54 (Women)  
4.00 miles, winner: 43:51 - 5.47 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	257	BRAVER, Kimberly	OH	Wadsworth	4 Mile Race	53	Women	43:51		5.47	43:51
2	363	LIKAVEC, Alain	OH	Mentor	4 Mile Race	53	Women	54:54	11'02"	4.37	54:54
3	365	LINDROTH, Karen	OH	Hudson	4 Mile Race	54	Women	59:47	15'55"	4.01	59:47
4	432	SCHERER, Laura	OH	Cleveland	4 Mile Race	53	Women	1:00:36	16'44"	3.96	1:00:36



## 2017 4 Miles 4 Water

May 06, 2017

Male 50 - 54 (Men)

4.00 miles, winner: 30:53 - 7.77 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	381	MCGUINNESS, Mark	OH	Chagrin Falls	4 Mile Race	53	Men	30:53		7.77	30:53
2	453	T, Mike	OH	Shaker Hts	4 Mile Race	51	Men	35:33	4'41"	6.75	35:33
3	302	FELTY, Robert	OH	Cleveland Hts	4 Mile Race	51	Men	36:43	5'50"	6.54	36:43
4	236	ALLISON, Mark	OH	Chagrin Falls	4 Mile Race	51	Men	40:37	9'44"	5.91	40:37
5	487	WOLAK, Thomas	OH	Mentor	4 Mile Race	51	Men	45:38	14'46"	5.26	45:38





2017 4 Miles 4 Water  
May 06, 2017  
Female 55 - 59 (Women)  
4.00 miles, winner: 37:25 - 6.42 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	318	GRUNDER, Robin	NY	New York City	4 Mile Race	58	Women	37:25		6.42	37:25
2	410	PETKO, Jeanne	OH	Parma	4 Mile Race	56	Women	38:38	1'13"	6.21	38:38
3	315	GREER, Dana	OH	Novelty	4 Mile Race	56	Women	43:58	6'34"	5.46	43:58
4	263	CABRERA, Krista	OH	Shaker Hts	4 Mile Race	56	Women	44:13	6'48"	5.43	44:13



## 2017 4 Miles 4 Water

May 06, 2017

Male 55 - 59 (Men)

4.00 miles, winner: 34:29 - 6.96 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	439	SHORR, Randall	OH	Cleveland	4 Mile Race	59	Men	34:29		6.96	34:29
2	340	JAYNE, Doug	OH	Novelty	4 Mile Race	57	Men	43:59	9'30"	5.46	43:59



2017 4 Miles 4 Water  
May 06, 2017  
Female 60 - 64 (Women)  
4.00 miles, winner: 33:24 - 7.18 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	593	ALEXANDER, Rae				62	Women	33:24		7.18	33:24
2	390	MOSKWA, Nena	OH	North Olmsted	4 Mile Race	61	Women	38:47	5'23"	6.19	38:47
3	418	RESAR, Peggy	OH	Grafton	4 Mile Race	61	Women	44:11	10'47"	5.43	44:11
4	323	HANSEN, Renee	OH	Hudson	4 Mile Race	60	Women	1:00:13	26'49"	3.99	1:00:13



## 2017 4 Miles 4 Water

May 06, 2017

Male 60 - 64 (Men)

4.00 miles, winner: 29:38 - 8.10 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	393	NAUMOFF, Andy	OH	Smithville	4 Mile Race	64	Men	29:38		8.10	29:38
2	355	KIRBY, Gary	OH	Brunswick	4 Mile Race	60	Men	33:06	3'28"	7.25	33:06
3	285	DAVIDSON, Leonard	OH	Vermilion	4 Mile Race	61	Men	39:44	10'06"	6.04	39:44
4	249	BENCIN, Eric	OH	Painesville	4 Mile Race	60	Men	40:43	11'04"	5.89	40:43



2017 4 Miles 4 Water  
May 06, 2017  
Female 65 & Over (Women)  
4.00 miles, winner: 41:46 - 5.75 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	300	FALLS, Melanie	OH	Walton Hills	4 Mile Race	66	Women	41:46		5.75	41:46



2017 4 Miles 4 Water  
May 06, 2017  
Male 65 & Over (Men)  
4.00 miles, winner: 44:10 - 5.43 mph

Pos	Bib	Name	State	City	Category	Age	Gender	Time	Gap	mph	Lap 1
1	311	GALLAGHER, Charles	OH	Shaker Hts	4 Mile Race	65	Men	44:10		5.43	44:10